Is Caesarean Section Really Necessary?

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Dr. Mahady graduated from the University of St. Andrews, Scotland in 1966 and the University of Copenhagen in 1969. He trained as a general surgeon and gynaecologist in Nykøbing Falster, Denmark before returning to the UK to complete specialist training in Ob/Gyn in Scotland and England. He was a Consultant in Ob/Gyn in Burnley, Lancashire for 26 years where he also held post as clinical Director and RCOG Tutor in Ob/Gyn. He is a Fellow of the Royal College of Obstetricians and Gynaecologists, London. Dr. Mahady's special interests are in Urinary Incontinence and Pelvic Floor Surgery, Diabetes in Pregnancy and Recurrent Miscarriages. He speaks Danish, French and German.

If you have any questions, please do not hesitate to contact our medical staff.

There is also the risk of the rupture of the previous scar in a subsequent pregnancy. Again, it has been calculated that for every infant saved by C-section, one woman would experience uterine rupture and possible hysterectomy during a subsequent pregnancy. A large epidemiological study showed an absolute risk of unexplained stillbirth at or after 39 weeks of 1.1 per 1000 women who had a previous C-section compared with 0.5 per 1000 for those who had not.

It is essential practice for the obstetricians and midwives to inform women of the possible disadvantages and complications of unnecessary caesarean section. I can say I have personally been responsible for over 60,000 deliveries during my career, and am concerned about the rising rate of C-sections. So next time you ask for, or are advised to undergo C-section, which is not an emergency, just ask yourself or your obstetrician "Is my caesarean section really necessary?"

Dr. Mahady