

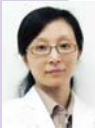
Maternity Care in SEIMC



Giving birth is one of life's greatest experiences. That is why we at Shanghai East International Medical Center work from the premise that it is important for all women to participate proactively, to have continuity and to be able to make decisions about their own pregnancy and birth. From your first visit, to the care

you will receive having had your baby, you will receive support, help and the best medical advice from us.

We hope that your pregnancy, the birth of your baby and the weeks following the birth will be remembered as being a happy event and that your experiences during this time will match your expectations.



Jane Shen MD
Obstetrics & Gynecology



- Over 16 years of experience, and thousands of baby deliveries in her career so far
- Skilled in both Cesarean and forceps delivery, as well as operations associated with tumors through both the abdomen and vagina
- Specializing in the treatment of a variety of pregnancy complications such as PROM, GDM, FGR, and PIH, along with treatment of common genital track infections and cervical lesions
- Ob/Gyn, Shanghai 1st Maternity and Infant Healthcare Hospital, 1999-2009
- Residency in out-patient and in-patient ward, Shanghai 1st Maternity and Infant Healthcare Hospital, 1994-1999
- MD, Shanghai Jiao Tong University Medical School, 1994
- Fluent in English, Mandarin and Shanghai dialect



Lily Liu MD, PhD
Obstetrics & Gynecology



- 15 years of experience in the field of Ob/Gyn and a good reputation for infertility treatment and counseling
- Specializes in endocrine diseases, female sterility, PCOS, endometriosis, hormone replacement therapy in perimenopause and menopause, abnormal uterine bleeding and minimally invasive procedures (laparoscopy and hysteroscopy)
- Doctor of Reproductive Medicine, International Peace Maternity & Child Health Hospital of China Welfare Institute affiliated to Shanghai Jiao Tong University
- Attending Physician, East Hospital affiliated to Tongji University, 2004-2008
- Attending Physician, Reproductive Medical Center, International Peace Maternity & Child Health Hospital of China Welfare Institute, 2001-2004
- PhD in Reproductive Medicine, Shanghai Second Medical University (China)
- Member of Chinese Medical Association
- Fluent in English and Chinese



Sadhna Sharma MD
Pediatrician



- Over 20 years of experience in India, Singapore and China
- Practiced as a pediatrician in Shanghai since 2009
- Medical Officer at RNT Medical College Associated Hospital (India)
- Worked in Singapore General Hospital and National University Hospital (Singapore)
- Consultant Pediatrician in India at Sethi Hospital, Artemis Associated Hospital (Gurgaon)
- Medical education and training from a range of institutes in India and Singapore
- M Med Course (Pediatrics), National University of Singapore, 1996
- Neonatal Resuscitation Program (NRP), Indian Academy of Pediatrics
- Post-graduate in Pediatrics, including two years of residency in Pediatrics and Neonatology, Ravindra Nath Tagore Medical College, Udaipur Rajasthan (India), 1990
- MBBS at Ravindra Nath Tagore Medical College, Udaipur Rajasthan, (India), 1987
- Specializes in preventive medicine diagnosis, treatment of diseases, and emergency care, from infants to adolescents
- Fluent in English and Hindi



Janet Zhou MD
Pediatrician/Neonatologist



- 5 years of experience in neonatology
- Specializes in neonatal resuscitation and comprehensive pediatric care
- 7 years at Shanghai Children's Medical Center as a pediatrician and neonatologist Chief Resident in Shanghai Children's Medical Center (2009-2010)
- Shanghai Children's Medical Center. General Pediatrician and neonatologist (2004-2010)
- Medical School of Shanghai Jiaotong University. Medical degree in Pediatrics direction (1999-2004);
- Fluent in English and Chinese

Prenatal and Birthing Packages

Prenatal Care:	RMB
Premier Prenatal Package (from week 24)	15,000
Premier Plus Prenatal Package (from week 12)	25,000

Delivery:	RMB
Normal vaginal delivery through 3 night stay in private room	62,000

Operative vaginal delivery (Vacuum or forceps or VBAC) through 3-4 night stay in private room	72,000
--	---------------

Caesarean section through 3-4 night stay in private room	86,000
--	---------------

Epidural (or laughing gas) for vaginal deliveries	5,880-6,880
--	--------------------

For multiple births a surcharge of 20,000RMB will be charged for each additional baby

Delivery Care

- Obstetrician care during labor & delivery
- Advice on pain relief options in labor
- Prenatal pregnancy and labor classes; 28 and 36 weeks
- OB assessment of progress
- Personal care by midwife
- Fetal monitoring during labor (CTG)
- Neonatal care during delivery & throughout normal hospital stay
- BCG and Hepatitis B (first dose only) vaccines
- Birth certificate
- Vitamins and/or medications (if necessary)
- Comprehensive diet
- Postpartum examination & care

Upon Discharge

- Baby crystal footprint keepsake
- Baby products
- 24-hour telephone access
- One time physical examination for infant
- One time postpartum check-up for mother
- Vaccination counseling

All other tests & services, especially those related to unforeseen circumstances and complications may incur additional charge.

Prenatal Visit Schedule

These schedules are used as a guideline, and the exact week number might differ according to the individual requirements.

Week 12	Consultation with Obstetrician Ultrasound Scan (NT)	Blood pressure Urinalysis
	Blood tests: <ul style="list-style-type: none"> • Complete Blood Count (CBC) • Group / Rhesus factor / antibodies • Rapid Plasma Reagin (RPR) • Toxoplasmosis • Kidney Function 	<ul style="list-style-type: none"> • HIV • Rubella • HBsAg • Liver Panel • Blood Glucose
	GYN check: Chlamydia / GC / Pap Smear	ECG
Week 16	Consultation with Obstetrician Triple Test (Down syndrome/ spina bifida / anencephaly)	Blood pressure Urinalysis
Week 20	Consultation with Obstetrician Ultrasound scan (Level II)	Blood pressure Urinalysis
Week 24	Consultation with Obstetrician Blood tests: • GCT	Blood pressure Urinalysis
Week 28	Consultation with Obstetrician Blood tests: • Complete Blood Count (CBC) • Antibodies screening	Blood pressure Urinalysis
Week 32	Consultation with Obstetrician Ultrasound scan	Blood pressure Urinalysis
Week 34	Consultation with Obstetrician	Blood pressure Urinalysis
Week 36	Consultation with Obstetrician Ultrasound scan (Third trimester) Tests: • Complete Blood Count (CBC) • Non-stress test (NST)	Blood pressure Urinalysis • Culture for GBS • PT, APTT
Week 37	Consultation with Obstetrician NST	Blood pressure Urinalysis
Week 38	Consultation with Obstetrician NST	Blood pressure Urinalysis
Week 39	Consultation with Obstetrician NST	Blood pressure Urinalysis
Week 40	Consultation with Obstetrician Ultrasound scan (if necessary) / NST	Blood pressure Urinalysis
>Week 40	Consultation with Obstetrician (twice a week) Decision for induction	Blood pressure Urinalysis

*All information is subject to change without prior notice

24-Hour: 5879-9999
 APPOINTMENTS • INFORMATION
Alternative: (86) 150-0019-0899

551 South Pudong Road, Shanghai 200120
 www.seimc.com.cn care@seimc.com.cn

