

Maternity Care in SEIMC

Giving birth is one of life's greatest experiences. That is why Shanghai East International Medical Center's international team encourages women to participate proactively and take an active role in making decisions about their birth.

Our professional team provides support, service and sound medical advice throughout the process and takes pride in helping families welcome new babies into the world. Our specialists will ensure that your pregnancy, childbirth, and the weeks following the birth will be a safe and exciting experience and will work tirelessly to exceed your expectations.



Allen Sheen MD, PhD
Obstetrics & Gynecology

- 20 years of experience in obstetrics and gynecology in Taiwan and Mainland China
- Delivered over 5000 babies, excellent reputation in expatriate and local communities
- Qualified to perform complex gynecological and minimally invasive surgeries, including various laparoscopic and hysteroscopy procedures
- Available for family planning consultations, and has experience as a director at a reproductive medical center in Taiwan
- Received M.D. and a Master's degree in Taiwan and a Ph.D from the Fudan University Institute of OB/Gyn
- Fluent in English and Mandarin Chinese



Allyn Zamora MD
Obstetrics & Gynecology

- Over 10 years of international experience in Obstetrics and Gynecology
- Well equipped to handle complex cases and difficult medical conditions
- Graduated from Iliolo Doctor's College of Medicine in 2004
- Previously acted as Medical Officer and Gynecology Consultant at Bacalod City Health Living Inn and Birth Clinic in the Philippines
- Specializes in operative deliveries, high-risk pregnancies, pelvic laparotomy, hysterectomy and other various complex gynecological issues
- Fluent in English and Tagalog



Lily Liu MD, PhD
Obstetrics & Gynecology

- 15 years of experience in Obstetrics and Gynecology
- Excellent reputation for infertility counseling and treatment
- Specializes in endocrine diseases, female sterility, PCOS, endometriosis, hormone replacement therapy, and abnormal uterine bleeding
- Performs minimally invasive procedures (laparoscopy and hysteroscopy)
- Practiced as a Doctor of Reproductive Medicine at International Peace Maternity & Child Health Hospital affiliated to Shanghai Jiaotong University
- Received a PhD in Reproductive Medicine from Shanghai Second Medical University
- Member of Chinese Medical Association
- Fluent in English and Mandarin Chinese



Alice Ye MD
Obstetrics & Gynecology

- Over 10 years of experience in Obstetrics and Gynecology
- Graduated from Tongji Medical College (Huazhong University of Science and Technology)
- Highly respected for expertise in the diagnosis and treatment of gynecological problems
- Expert in minimally invasive gynecological surgeries including hysteroscopic and laparoscopic techniques
- Skilled in all forms of Gynecological care and is adept in the diagnosis and treatment of ovarian tumors, uterine fibroids, endometriosis, gynecological inflammation and menstrual disorders
- Fluent in both English and Mandarin Chinese



Janet Zhou MD
Pediatrician/Neonatologist

- 5 years of experience in Neonatology
- Specializes in neonatal resuscitation and comprehensive pediatric care
- Practiced for 7 years at Shanghai Children's Medical Center as a pediatrician and neonatologist
- Practiced as a Chief Resident in Shanghai Children's Medical Center from 2009 to 2010
- Practiced as a General Pediatrician and Neonatologist at Shanghai Children's Medical Center from 2004 to 2010
- Completed a MD in Pediatrics at Shanghai Jiaotong University in 2004
- Fluent in English and Mandarin Chinese



Sadhna Sharma MD
Pediatrician

- Over 20 years of experience in India, Singapore and China
- Practiced as a pediatrician in Shanghai since 2009
- Medical Officer at RNT Medical College Associated Hospital (India)
- Studied Pediatrics at the National University of Singapore, 1996
- Neonatal Resuscitation Program (NRP), Indian Academy of Pediatrics
- Post-graduate in Pediatrics, including two years of residency in Pediatrics and Neonatology, Ravindra Nath Tagore Medical College, Udaipur Rajasthan (India), 1990
- Specializes in preventive medicine diagnosis, treatment of diseases, and emergency care
- Fluent in English and Hindi



Sofia Qiao MD
Pediatrician

- Over 20 years of experience in pediatric care
- Currently works as an Associate Chief Physician of Pediatrics at Shanghai East Hospital
- Possesses extensive international experience and has worked in Hong Kong, Macao and Taiwan
- Especially skilled in the diagnosis and treatment of children's growth disorders
- Deeply experienced in diagnosing and treating pediatric obesity, short stature, precocious puberty and Kawasaki disease
- Fluent in English, Japanese and Mandarin Chinese

Prenatal Packages 产检套餐

- | | |
|---|-------------------|
| • Premier Prenatal Package (from week 24)
产检套餐 1 (从怀孕第 24 周起) | RMB 15,000 |
| • Premier Plus Prenatal Package (from week 12)
产检套餐 2 (从怀孕第 12 周起) | 25,000 |



Prenatal Visit Schedule

These schedules are used as a guideline, and the exact week number might differ according to the individual requirements.

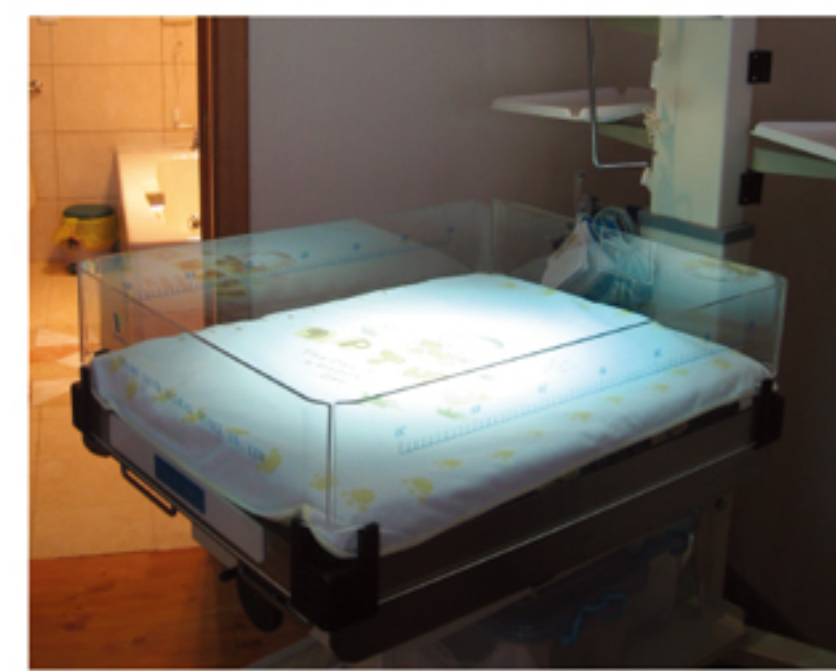
Week 12	Consultation with Obstetrician	Blood pressure
	Ultrasound Scan (NT)	Urinalysis
	Blood tests: <ul style="list-style-type: none"> • Complete Blood Count (CBC) • Group / Rhesus factor / antibodies • Rapid Plasma Reagin (RPR) • Toxoplasmosis • Kidney Function 	<ul style="list-style-type: none"> • HIV • Rubella • HBsAg • Liver Panel • Blood Glucose
	GYN check: Chlamydia / GC / Pap Smear	ECG
Week 16	Consultation with Obstetrician	Blood pressure
	Triple Test(Down syndrome/ spina bifida / anencephaly)	Urinalysis
Week 20	Consultation with Obstetrician	Blood pressure
	Ultrasound scan (Level II)	Urinalysis
Week 24	Consultation with Obstetrician	Blood pressure
	Blood tests: • GCT	Urinalysis
Week 28	Consultation with Obstetrician	Blood pressure
		Urinalysis
	Blood tests: <ul style="list-style-type: none"> • Complete Blood Count (CBC) • Antibodies screening 	
Week 32	Consultation with Obstetrician	Blood pressure
	Ultrasound scan	Urinalysis
Week 34	Consultation with Obstetrician	Blood pressure
		Urinalysis
Week 36	Consultation with Obstetrician	Blood pressure
	Ultrasound scan (Third trimester)	Urinalysis
	Tests: <ul style="list-style-type: none"> • Complete Blood Count (CBC) • Non-stress test (NST) 	<ul style="list-style-type: none"> • Culture for GBS • PT,APTT
Week 37	Consultation with Obstetrician	Blood pressure
	NST	Urinalysis
Week 38	Consultation with Obstetrician	Blood pressure
	NST	Urinalysis
Week 39	Consultation with Obstetrician	Blood pressure
	NST	Urinalysis
Week 40	Consultation with Obstetrician	Blood pressure
	Ultrasound scan (if necessary) / NST	Urinalysis
Week 40	Consultation with Obstetrician (twice a week)	Blood pressure
	Decision for induction	Urinalysis

**All information is subject to change without prior notice*



**24-Hour
5879-9999**

**E-mail
care@seimc.com.cn**



551 South Pudong Road
Shanghai 20012

www.seimc.com.cn

